## CONFIDENTIAL PATIENT CASE HISTORY Date: Sex M / F Social Security # Name City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_ Address ) \_\_\_\_\_ Work ( )\_\_\_\_\_ Cell phone ( Home phone ( Date of Birth Age Occupation Marital Status: M S W D Spouse's Name Spouse's Telephone In case of emergency, nearest relative's name & phone #\_\_\_\_\_ Primary insured's work (company) name & phone #\_\_\_\_\_ Email Address: **HEALTH INFORMATION** Have you had previous chiropractic care? Yes Height Weight\_\_\_\_ No What is your major complaint? Other Complaints: Have you had this or similar conditions in the past? How long have you had this condition? What activities aggravate your condition? ☐ Comes and goes ☐ Yes □ No ☐ Constant Is this condition getting progressively worse? □ Work □ Sleep Daily Routine Other Is this condition interfering with your: How long has it been since you really felt well? Other doctors who treated this condition: List surgical operations, MRI's, CT Scans, etc., & dates: Do you smoke? If yes, how much? How long? How often? How often? Drugs you take: ☐ Nerve pills ☐ Pain killers ☐ Muscle Relaxers "Pep pills" ☐ Tranquilizers ☐ Insulin ☐ Birth Control Pills ☐ Other ☐ Comfortable ☐ Uncomfortable Age of mattress: Are you wearing: ☐ Heel lifts ☐ Sole Lifts ☐ Inner soles ☐ Arch supports If you have had stress during the past year, describe ongoing stress or occasional stresses: Have you been in an auto accident? ☐ Past year ☐ Past 5 years ☐ Over 5 years ☐ Never Describe: Have you had any other injury? ☐ Past year ☐ Past 5 years ☐ Over 5 years ☐ Never Describe: Date of last physical examination Family Physician - Name, Address & Telephone FAMILY HEALTH INFORMATION: Many health problems are the result of hereditary spinal weakness; thus information about your family members will give us a better picture of your total health picture. NAME RELATIONSHIP PAST & PRESENT HEALTH PROBLEMS